



## HLIQ™ WHOLE GENOME

# INFORMATION FOR PHYSICIANS

### ENSURE THE FOLLOWING DOCUMENTS ARE RETURNED WITH THE SPECIMEN

1. Test Requisition Form
2. Clinical History

#### 1 TO START

- The HLIQ Whole Genome test is a physician-ordered test that requires a blood draw.
- Your patient will contact your office to determine if you facilitate blood draws in-house. If not, HLI Client Services will provide alternate blood draw options by calling 844-838-3322 option 2. HLI cannot accept specimens from Quest or LabCorps draw stations.

#### 2 HOW TO ORDER

- Once the blood draw location is determined, your patient initiates the order of their HLIQ Whole Genome Pack by visiting [humanlongevity.com](http://humanlongevity.com).
- Since this product is only offered through partners, they will receive an email with the link to the ordering page.
- HLI will send the HLI pack to your patient.

#### 3 HLI PACK IS REGISTERED

- Once your patient receives their pack in the mail, they must register it online using the account number under the bar code on the box.
- As part of the pack registration process, they will be provided with a Test Requisition Form (TRF).

#### 4 ENGAGE WITH YOU

- The HLIQ Whole Genome pack contains information for both you and your patient about HLIQ Whole Genome.
- They will be asked to provide you with the HLIQ Whole Genome education material and the accompanying Test Requisition Form (TRF) for your signature to authorize the order and blood draw.

#### 5 PREPARATION BEFORE COLLECTION

- Your office will need to complete the information on the TRF in full and have it signed by the ordering physician.
- Place the barcode label in the upper right corner of the TRF.
- Please retain a copy of the TRF for your records. The original TRF needs to be sent back with the specimen to HLI in the pack.
- Your office or a local partner recommended by HLI (as noted above) will collect the specimen.
- Cost of the blood draw may be incurred by the patient.



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**6 SPECIMEN COLLECTION INSTRUCTIONS**

- Patient should be well hydrated
- No fasting is required
- Verify expiration date on pack before collection of the specimen
- Complete the patient barcode label provided in the HLI pack with Full Name, Date of Birth (DOB), Date of Collection (DOC), and place label on the blood collection tube
- Collect blood in the provided PAXgene DNA tube using standard vein puncture technique
- Invert blood tube 8-10 times
- Place the blood tube into the bio-specimen bag
- Seal the bio-specimen bag and place in the HLI pack box
- Fold and place the TRF into the HLI pack box
- Fold and place the completed Clinical History form into the HLI pack box

**7 SPECIMEN STORAGE POST COLLECTION**

- Ship within 3 days after collection
- Blood specimen collected on Monday–Thursday
  - Specimen can be stored at ambient room temperature until shipment that day
  - Keep out of direct sunlight
- Blood specimen collected on Friday, Saturday, or Sunday:
  - Specimen can be stored in a refrigerator until shipment on the next business day

**8 PACKAGING SPECIMEN FOR SHIPMENT**

- Place HLI pack box in the HLI provided UPS Lab Pak. Place the shipping label provided in the HLI pack on the UPS Lab Pak.
- Seal Lab Pak for shipment

**9 SPECIMEN SHIPMENT INSTRUCTIONS**

- HLI receives shipments Monday–Friday. There are no weekend (Saturday & Sunday) or Holiday deliveries accepted
- Please only ship specimen Monday–Thursday
- Call UPS for a pick-up at 1-800-742-5877
- State that you have a prepaid air bill pick-up
- State pick-up address and time frame for pick-up
- Obtain the UPS order number confirmation

**10 REVIEW RESULTS**

- The HLIQ Whole Genome report will include personal health insights which should be reviewed with your patient or a Genetic Counselor.
- You will be notified when your patient’s report is available.

**11 BE HEALTH INTELLIGENT**

- HLIQ Whole Genome is designed to inform and impact patient care.